

Introduction to Caring

Leader Notes: Students will discuss and share thoughts about Caring creating a classroom definition of Caring.

Time: 5-15 minutes

Grade Level: K-6

Getting Ready: Create a space for students to sit together to discuss caring. Make one copy of the Caring Definition worksheet on next page.

Set up

- Ask students: If I said that my mother is a very caring person, what would I mean?
- Ask students: If someone said to you, “Wow, that was a really caring thing you did for me,” what might some of those things be?
- Ask the students if they ever noticed when caring wasn’t practiced at school?

Action

- Discuss the following questions with students and create a definition for caring.
 1. What does it mean to care or show you care?
 2. What does caring look like at school? At home?
 3. What’s the best way to show you care?
 4. What is something you could say to someone to let him/her know you care?
 5. What is something you could do to show someone you care?
- On your Caring Definition worksheet, create and write out your classroom definition of caring
- Post the definition on the outside of the classroom for everyone to see.
- *Example: Caring is when we take care of each other and our things.*

Share

- In what way can you show caring in our classroom?



Caring

What Caring Means to Room_____

Caring & You

Leader Notes: Students will brainstorm and discuss the concept of “respect”, creating 5 actions they will commit to keeping.

Time: 5-20 minutes

Grade Level: K-6

Getting Ready: Copy of one Action Plan worksheet. Using the questions listed below; choose the ones you would like your students to answer.

Note: This can also be done as a writing exercise.

Note: As a sponge activity choose one question a day for discussion or journal.

Set up

- Review your classroom definition of caring

Action

- Discuss the following questions with students:
 1. Name one person you think communicates with kindness and why?
 2. Name one person in your family that is caring
 3. Tell us about a time when you showed you cared
 4. What are reasons people care for one another
 5. When is it hard to care for others?
 6. Who are people that you have a hard time caring for?
 7. Who taught you about the importance of caring?
 8. If I am out in a park and I see people caring, what are they doing?
 9. When someone gives you something, how can you show you care?

Share

- How can we show caring in our classroom, school, playground, home, and cafeteria?
- Get an agreement from everyone that they will work on caring everyday.
- Using the Action Plan worksheet, create 5 actions the class can commit to and post outside the classroom for everyone to see

Caring Action Plan

We in Room _____ commit to these 5 Caring actions:

1) _____

2) _____

3) _____

4) _____

5) _____