



Caring Overview



Main tools taught:

- Take down the bricks"- when negative things happen to and/or around people, we tend to put "bricks" up around our hearts, cutting ourselves off from other people. With "bricks" around their hearts, many children stop caring about themselves and the people around them. Soul Shoppe focuses on "taking down the bricks" by teaching students how to reach out, talk to others, and express their feelings in constructive ways.
- "Clean up"- taking students beyond "I'm sorry" to a more sincere and effective apology.

Lower grades (K-2) will learn:

- What it means to be caring
- Ways they can show they care at home and school
- How to be kind and helpful, and look out for others.

Upper grades (3-6) will learn:

- The above, plus...
- Identifying things they really care about.
- How to show care for your whole community
- How to turn a "negative chain reaction" into a "positive chain reaction"