



## Do Your Best Role Plays

Here are some role plays on the topic of DO YOUR BEST that you can practice with your students:

- You are working on a math test. You are really good at English, but you struggle with math. You are frustrated and are getting upset. How can you turn this around for yourself?
- Have someone in your class pretend to be your mom or dad. Talk to them about what you need from them at home in order to prepare and do well on your test. Hint: tell them about how you need to eat, how much you need to sleep, and anything else you can think of that you need. Make a plan together.
- You are talking to a friend and she is discouraged because she doesn't think she did very well on the first test. What can you say to her to help your friend have more confidence, and to help her visualize her success on the next test?