



You're Amazing! Assembly

Planning Packet &
Guide for Schools



*Building Character
and Peace*

Dear Principals, Teachers, and Staff;

We are proud to present the “You’re Amazing!” assembly at your school. This presentation highlights all the ways your students are great! Through appreciations, role-plays and activities, students will focus on looking at themselves in a powerfully positive way. We know that it’s challenging to truly appreciate others if we don’t really appreciate who we are. This assembly will raise the self-esteem of everyone who participates!

The program focuses on the Soul Shoppe vision for every student:

- You are Smart
- You are Powerful
- You Have What it Takes
- You are Important
- You Can Have a Fun & Happy Life!

In this packet you will find 3 follow-up lessons for teachers to practice the vision in the classroom. Our goal is to present a tool that the whole school can use and practice together so that more time is spend learning and enjoying the educational experience. We look forward to working with you to build a more peaceful and safe school!!

Sincerely,

Joseph Savage and Vicki Abadesco!

Founders of Soul Shoppe

You're Amazing Packet

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Here is your Checklist before we come!

- Present “You’re Amazing” packet to teachers in staff meeting at least one week before assembly
- Make sure all teachers know the time and date of the assembly (send several reminders if needed)
- Secure room for that time (we will need at least a half hour set up time before the students attend).
- Make sure screen is pulled down or set up.
- If you have a microphone have it set up on a stand ready to go.
- Have floor swept and clean so students are comfortable sitting down. Have chairs out for the teachers.



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YOU'RE AMAZING REVIEW

Purpose: For students to review the “You’re Amazing” assembly.

Materials: Poster from the “You’re Amazing” assembly.

Enroll

- Review the vision from the “You’re Amazing!” assembly.
 - You are Smart
 - You are Powerful
 - You Have What it Takes
 - You are Important
 - You Can Have a Fun & Happy Life!

Action

- Have students write down one belief from the vision that they truly believe in about themselves.
- Have students write down one belief from the vision that they have a difficult time believing is true for them.

Share

- Create a circle and have each student share both beliefs and the reasons they chose them.
- For the difficult beliefs, help students brainstorm things they can think or do to help them remember the reasons it is true about everyone.

Evaluate

- Have students repeat the vision before each recess time.
- Check in with students about how they are holding up to the vision.



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WHO AM I?

Purpose: For students to identify traits that make them unique.

Materials: blank paper; drawing and coloring supplies

Enroll

- Review the “You’re Amazing!” assembly.
- Ask students to put one hand in the air.
- Have students notice the palm of their hand and the palm of someone else’s hand – no two are alike. All of our hands are different because we are all different and unique.

Action

- Have students make an outline of their hands on a piece of paper. In each digit (fingers and thumb) have them write down traits that describe themselves (friendly, kind, respectful, etc.)
- If time allows, have students decorate their hand outlines. Make sure names are on each traced hand.

Share

- Create a circle and have each student stand up and share their handprints.
- Variation: If time is limited, the creating and sharing time can be done separately.
- *K-1: Have students color within their handprint the color or colors that best describe themselves.*

Evaluate

- Tape the hands on the student’s desks as a regular reminder of who they are.



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EVERYONE'S DIFFERENT

Purpose: Students will be able to identify ways we are alike and different.

Materials: Copies of worksheet, pens/markers/crayons, whiteboard/blackboard

Enroll

- Have the class brainstorm three ways you (the teacher) and the students are alike.
- Have the class brainstorm three ways you (the teacher) and the students are different.
- Teacher comes up with his/her own ways they are alike and different.

Action

- Have students get into pairs (*support students to partner with students other than their friends.*).
- Have the pairs identify eight ways they are alike.
- Have the pairs identify eight ways they are different.
- Using the worksheet and pens, have each partner draw one picture illustrating their similarities and one picture that depicts their differences.
- Once students have completed the worksheet, have that pair share with another pair (four in a group).

Share

- Have students share as a large group.
- Questions to ask and discuss:
 - What did you learn about your partner?
 - Which was easier, finding the similarities or the differences?
 - Do you know your partner better than you did before this activity?
 - Did you learn anything new about yourself?
 - Have students talk in a large group about why it's important to recognize the similarities and differences in others.
 - Have students come up with ways that they can honor the similarities and differences in others.

Everyone's Different

Picture of how we are the same:

Picture of how we are different:

Appreciation Activities

To use After the “You’re Amazing” Assembly

Sharing appreciations is a great way to show that you care.
Here are several appreciation activities you can do in your classroom:

Appreciation Circle:

- Have students think about someone in the class they would like to appreciate.
- Allow the students several minutes to share appreciations with one another.
- Support students to speak directly to the person they are giving the acknowledgement to.
- To support students in sharing, write the following on the board:
 - Thank you for . . .
 - What I like about you is . . .
 - What I appreciate about you is . . .

Appreciation Paired Shares:

- Students have 1 minute each to share with their partner all the things they appreciate about the other.
- Do 3-4 rotations with a new partner

Appreciation Notes:

- Take 10 minutes out of the day to write notes of thanks and appreciation to others in the classroom.
- Have students write “love” notes to people at home
- Students can surprise another class and write appreciation notes to others in another class

Appreciate Posters:

- Each student is given a piece of newsprint and they write their name on the top of the page.
- Newsprint is either taped on the back of students backs or taped on the walls – either way students are walking around writing acknowledgements to others and they will be able to keep and read these.
- *Variation:* a paper plate can replace newsprint. Students can sit in a circle, write for 30 seconds and then pass the newsprint/paper plate to the right so everyone has a chance to get acknowledged!